



Big news!

The USDA's 2025–2030 Dietary Guidelines (released Jan 7, 2026) feature a new food pyramid prioritizing the latest science that focuses on real food while minimizing ultra-processed foods and sugars.

[The OrganWise Guys](#) program is perfectly aligned to help your students adopt these guidelines effortlessly. For over 30 years, our evidence-based, SNAP-Ed approved curriculum has used fun organ characters to teach PreK-5th graders about healthy eating that is all in sync with these new guidelines!

The New Pyramid



How We Make It Easy and Exciting:

- **Ready-to-Go Lessons:** A digital platform with storybooks, activity sheets, short videos and lesson plans that map directly to the new pyramid. Physical resources that bring the body to life and reinforce why everyone's OrganWise Guys loves these healthy foods. All linked to curriculum objectives and available in both English and Spanish.
- **Kids Get Pumped:** Adorable characters like Hardy Heart and Pepto the Stomach bring nutrition to life through stories, songs and hands-on fun that help students discover how real foods boost energy, focus, and health.



[Schedule a 15-minute call here](#) to discuss how this innovative program can benefit your school!

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